

臺北市立大學運動健康科學系

111學年度碩士班課程標準

總畢業學分為35學分（含碩士論文4學分）：

必修20學分

選修15學分（含自由選修2~4學分）

| 類別 | 科目 | | 學分 | 時數 | 第一學年 | | 第二學年 | | 備註 |
|------|---------------|---|-----|-----|------|---|------|---|----------|
| | | | | | 1 | 2 | 1 | 2 | |
| 必修課程 | 專題研討（I） | Seminar（I） | 2 | 4 | 1 | 1 | | | |
| | 專題研討（II） | Seminar（II） | 2 | 4 | | | 1 | 1 | |
| | 進階研究法 | Advanced Research Methods | 3 | 3 | 3 | | | | |
| | 進階統計學 | Advanced Statistics | 3 | 3 | | 3 | | | |
| | 健康促進專題 | Special Topics in Health Promotion | 3 | 3 | | | 3 | | |
| | 運動傷害防護專題 | Special Topics in Athletic Training | 3 | 3 | | | | 3 | |
| | 碩士論文 | Master Thesis | 4 | 0 | | | 2 | 2 | |
| | 小計 | | 20 | 20 | 4 | 4 | 6 | 6 | |
| 選修課程 | 運動健康科學實驗技術 | Experimental Techniques in Exercise and Health Sciences | 3 | 3 | | | | | 共同學群 |
| | 運動與疾病專題 | Special Topics in Exercise and Disease | 3 | 3 | | | | | |
| | 獨立研究 | Independent Study | 2 | 2 | | | 1 | 1 | |
| | 運動機能重建與評估 | Functional Rehabilitation and Evaluation in Sports Injury | 3 | 3 | | | | | 運動傷害防護學群 |
| | 運動傷害生物力學 | Biomechanics of Sports Injury | 3 | 3 | | | | | |
| | 運動心肺醫學專論 | Advanced Sports Cardiopulmonary Medicine | 3 | 3 | | | | | |
| | 進階動作控制專題 | Advanced Motor Control | 3 | 3 | | | | | |
| | 高階運動傷害防護與緊急處置 | Advanced Prevention and First Aid in Sports Injury | 3 | 3 | | | | | |
| | 進階運動生理學 | Advanced Exercise Physiology | 3 | 3 | | | | | 運動健身指導學群 |
| | 進階運動心理學 | Advanced Sports Psychology | 3 | 3 | | | | | |
| | 進階運動疲勞恢復專題 | Special Topics in Exercise Recovery | 3 | 3 | | | | | |
| | 進階體適能 | Advanced Physical Health Fitness | 3 | 3 | | | | | |
| | 健康老化學 | Healthy Aging | 3 | 3 | | | | | |
| | 全人健康專題 | Special Topics in Whole Human Wellness | 3 | 3 | | | | | |
| | 自由選修課程 | Free Electives | 2~4 | 2~4 | | | | | |
| | 小計 | | 15 | 15 | | | | | |